

Northwest Rural Public Power District

Hay Springs, NE 69347

August 2022

NRPPD Sponsors Two Youth on Annual DC Trip

Northwest Rural had the pleasure of sponsoring two Hay Springs upcoming juniors in the Nebraska Statewide trip to Washington, D.C. during June 17-23. The 24 Nebraska students who attended had meetings with their representatives in both the U.S. House and Senate, visited Washington's historic landmarks, and participated in Youth Day with more than 700 high school students from across the country.

Twins Jordyn and Jahrett Anderson, 17, were two of the Nebraska youth to participate in this opportunity of a lifetime. Their older siblings, Austin and Jaiden Anderson, now 22 and 19 respectively, were selected for the trip in previous years and they jumped at the chance to attend. "It was a great opportunity to see a lot of Washington, D.C. in a short period," said Jordyn. Jahrett noted it was a great opportunity to learn more about our government. "I knew other people that had went and they said it was a fun and educational trip," said Jahrett.



Jordyn Anderson poses with a couple of "Emmas" in front of Ford's Theatre.



Northwest Rural sponsored Jordyn Anderson and Jahrett Anderson in the Nebraska State REN Washington DC trip this past month.

Those attending flew out of Omaha for the event. Jordyn noted his goal, "I hoped to see Washington and all the monuments and meet people from other states on the trips. "Seeing the Changing of the Guard at the Tomb of the Unknown Soldier was my favorite part of the trip," said Jordyn.

At Hay Springs High School, Jordyn participates in football, wrestling and track. During this summer, he works on the family farm and is a lifeguard at the Hay Springs Swimming Pool. He also enjoys hunting and fishing. Following high school he is interested in pursuing a career as a Game Warden.

His twin brother Jarhett is also involved in Hawk football, wrestling and track. Outside school activities include hunting, (Continued on Page 2)

DC Trip--

(Continued from Page 1)

fishing, golf and riding ATVs. He helps out on the ranch and farm as well. He is considering taking over the family farm in the future or possibly go into construction. His favorite parts included the Changing of the Guard as well as Mount Vernon (Washington's home).

Tucker Stagemeyer of Page, Neb. has been selected to represent Nebraska on the Youth Leadership Council (YLC) of the National Rural Electric Cooperative Association (NRECA).

Stagemeyer, a customer of North Central Public Power District attend the NRECA Youth Tour in Washington, D.C. June 17-23. While in Washington, D.C. he was chosen from among the Nebraska students that attended to represent Nebraska as the Youth Leadership Council (YLC) member. As the YLC delegate, he will engage in leadership and team building exercises and enter into a competition to serve as the national NRECA Youth Spokesperson. All 43 members of the YLC from across the nation, including Stagemeyer, will participate in the 2023 NRECA Annual Meeting in Nashville, Tenn. While at the annual meeting, Stagemeyer will provide assistance to the NRECA staff and co-op delegates; participate in the Parade of States at the opening General Session, and take part in a variety of educational forums.

"I'm so excited to go to Washington, meet students from across the country, and learn more about the electric industry and America's political system," Stagemeyer said. "It's an incredible opportunity."



Jahrett Anderson in the grey hoodie in the center with five other Nebraska attendees at the Lincoln memorial.

For more information about this program, please visit www.youthtour.coop or contact the Nebraska Rural Electric Association at: James Dukesharer, NREA Youth Tour Director, 402-475-4988, jdukesharer@nrea.org or NRPPD.



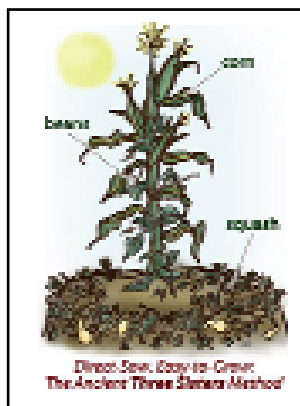


Along The Garden Path

Companion Planting - Three Sisters

Companion Planting is a technique used by many avid gardeners to plan the garden space. It is planting one plant next to another plant; in which one or both plants can benefit from each other. A simple example would be to plant a tall plant such as corn next to a plant that could benefit from the shade (such as peas). These companions could also benefit in that the peas could climb the corn and would provide nitrogen to the corn plant. Companion Planting is as old Native American culture.

By the time European settlers arrived in America in the early 1600s, the Iroquois had been companion planting a trio of corn, beans, and squash for over three centuries. They referred to them as the "Three Sisters". The vegetable trio sustained the Native Americans both physically and spiritually. In legend the plants were a gift from the gods, always to be grown together, eaten together, and celebrated together.



Each of the sisters contributes something to the planting. Together, the sisters provide a balanced diet from a single planting.

- As older sisters often do, the corn offers the beans needed support.
- The beans, the giving sister, pull nitrogen from the air and bring it to the soil for the benefit of all three.
- As the beans grow through the tangle of squash vines and wind their way up the cornstalks into the sunlight, they hold the sisters close together.
- The large leaves of the sprawling squash protect the threesome by creating living mulch that shades the soil, keeping it cool and moist and preventing weeds.
- The prickly squash leaves also keep away raccoons which don't like to step on them.

- They also served well together in the Native American diets. Corn, beans, and squash contain complex carbohydrates, essential fatty acids and all eight essential amino acids, allowing most Native American tribes to thrive on a plant based diet

Together, the three sisters provide both sustainable soil fertility as well as a healthy diet. The Perfect Companions!

How do I grow The Three Sisters?

I am glad you asked - First you need to prepare your soil. In the spring, prepare the soil by adding fish scraps or compost to your soil to increase fertility, if desired.

Make a mound of soil about a foot high and four feet wide. When the danger of frost has passed, plant the corn in the mound. Sow six kernels of corn an inch deep and about ten inches apart in a circle of about 2 feet in diameter. When the corn is about 5 inches tall, plant four bean seeds, evenly spaced, around each stalk. About a week later, plant six squash seeds, evenly spaced, around the perimeter of the mound.

As I researched 'The Three Sisters' I found questions regarding how to harvest this group of plants. First of all, you need to realize that the Native American dried the beans and the corn for a fall harvest; so they were harvested together in the autumn of the year and stored for winter use. I think with a little ingenuity one could harvest the corn and beans earlier when they were fresh for summer eating.

I usually plant a lot of sweet corn - not just six kernels. I know I could plant several mounds of these companions; but I think they could also benefit each other if the corn was planted in rows, with the beans planted around them or beside them and then the squash planted around the perimeter.

Now that you know the basic three sisters garden layout, feel free to experiment with the shape and size of your three sister's garden and find a layout that works best in your garden space. Be a little creative and let me know how it worked out.



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Northwest Rural Public Power District



NRPPD employee Matt Anderson and his family drive the Northwest's 2021 Tesla Model 3 through the Crawford Fourth of July Parade. He is followed by NRPPD's Les Tlustos on the new electric mower. If you are interested in learning more about the electric car and mower, call or stop by NRPPD. Northwest Rural also participated in Chadron's Fur Trade Days Parade, and will be appearing in Sheridan County parades in the near future.



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Hay Springs

Former NRPPD Board Member Wayne Cobb Recently Passed

Longtime Northwest Rural Board Member Wayne Richard Cobb, 83, of rural Merriman passed on July 1, 2022. Cobb served on the Board 36 years in addition to being a representative on the Tristate-Denver Board for 24 years.

Cobb was born in Gordon on Jan. 26, 1939, to William and Maxine Cobb.

In 1949 they moved into the current family ranch site. Wayne helped his dad on the ranch while he was growing up. He went to Pioneer School through 8th grade and then attended Gordon High School until he graduated in 1956. After High School Wayne attended CSU in Fort Collins for 2 years. Wayne returned to the ranch after college to help his father and started his own herd of Black Angus cattle. April 2, 1961 Wayne married the love of his life Cherrill Dawn DeFrance. They built their forever home in 1961 where they raised their three daughters Kori, Kim, and Kendra.

Wayne was passionate about ranching. He took pride in raising quality Angus Beef. Wayne was a jack of all trades. He could fix anything he set his mind to.

His interests included: ranching, going to rodeos, dancing, dirt bikes and competing in enduros. He was a social butterfly and loved talking to people. He loved his sweet tea and cookie breaks, 15 minute power naps, Sudoku, canoeing, homemade candies, and goodies. His biggest joy was spending time with his family!

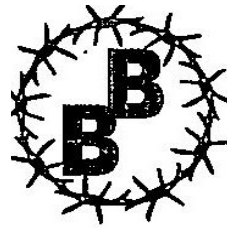
Wayne had 10 grandchildren, 13 great grandchildren with the 14th on the way and his first great great grandson will arrive in September.

Throughout his life Wayne was an active part of the community serving on several boards and committees including: Gordon Memorial Hospital Foundation for several years, Merriman Rural Fire Department board member, Pioneer School Board for several years, active member of the Presbyterian Church where he taught Sunday School, was an active Elder and Deacon, represented his church by attending various Synod/Denver and Presbytery/Plains and Peaks. Wayne also was

a member of the PNC (Pastoral Nominating Committee), Property and Finance committee and has helped with Youth Group.

Wayne is preceded in death by his parents William and Maxine Cobb.

Wayne is survived by his wife Cherrill of Merriman; Children Kori (Tom) Hutchison, Surprise, Ariz., Kim Cobb Bostock, Gordon; Kendra (Lucas) Bear, Merriman, 10 Grandchildren, 14 great grandchildren and one great great grandchild. His son-in-law Lucas Bear has followed in his footsteps and is a current NRPPD Board Director.



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Northwest Rural Territory Activities

Gordon-Rushville Mustangs

Mon., Aug. 1 Conditioning for Fall starts
Mon., Aug. 8 1st Official Day of Fall Practice
 Tues., Aug. 16 VB Jamboree at CSC, tba
Fri., Aug. 19 FB Scrimmage, 6 p.m.
 Thurs., Aug. 25 Girls Golf at Bayard, 9 a.m.
 XC at Scottsbluff, 1 p.m.
 VB Tri at Hemingford, 4 p.m.
FB vs. Chadron, 6 p.m.
 Tues., Aug. 30 Girls Golf at Kimball, 9 a.m.
 VB Tri vs. Bridgeport & Mitchell, 4 p.m.
Thurs., Sept. 1 VB (C-JV-V) vs. Chadron, 5 p.m.
 Fri., Sept. 2 XC at Gering, 11 a.m.
 FB at Alliance, 7 p.m.
 Tues., Sept. 6 Girls Golf at Chadron, 9 a.m.
 FB (JV) at Hemingford, 6 p.m.
 Thurs., Sept. 8 Girls Golf at Mitchell, 9 a.m.
VB (JV-V) vs. Bayard, 5 p.m.
Fri., Sept. 9 FB vs. Sidney, 6 p.m.
Sat., Sept. 10 G-R VB Invite, 9 a.m. (Hay Springs, Crawford, Lakota Tech, Hyannis)
 XC at Chadron, 9 a.m.

Crawford Rams

Mon., Aug. 8 Fall Practice Begins
Thurs., Aug. 18 First Day of School, Early Out
 VB Scrimmage at Scottsbluff, 4 p.m.
 Thurs., Aug. 25 XC at Scottsbluff, 1 p.m.

Fri., Aug. 26 FB vs. Edgemont, 7 p.m.
 Sat., Aug. 27 VB (V) Tri. at Sioux Co. (Hemingford), 10 a.m.
 Tues., Aug. 30 VB (JH) at Minatare, 2 p.m.
 FB (JH) at Minatare, 3 p.m.
Thurs., Sept. 1 VB (JV-V) vs. Lusk, 5 p.m.
 Fri., Sept. 2 XC at Gering, 11 a.m.
 VB (JV-V) at Potter-Dix, 4 p.m.
 FB at Potter-Dix, 7 p.m.
Mon., Sept. 5 NO SCHOOL - LABOR DAY
Tues., Sept. 6 FB (JH) vs. Edgemont, 3 p.m.
VB (JH) vs. Edgemont, 3 p.m.
 VB (V) Tri at Hemingford (Hay Springs), 5 p.m.
 Thurs., Sept. 8 VB (JH) at Chadron, 4 p.m.
 FB at Creek Valley, 6 p.m.
 Sat., Sept. 10 VB (JV) Sheridan Co. Invite at Rushville
 VB (V) Sheridan Co. Invite at Gordon-Rush.
 XC at CSC, 10 a.m.

Hemingford Bobcats

Not available

Chadron Cardinals

Fri., Aug. 19 SB (JV-V) at Southern Valley, 4:30, 6:30 CT
 Sat., Aug. 20 SB at Lexington, 9 a.m.
 Tues., Aug. 23 Girls Golf at Hillside Golf Course, 9 a.m.
 SB (JV-V) at Alliance, 4, 6 p.m.
 Thurs., Aug. 25 Golf (V) at Chimney Rock, 9 a.m.
 XC at Riverside, 1 p.m.
 VB (C-JV-V) at Mitchell, 4, 5, 6 p.m.
 Mon., Aug. 29 FB (V) at Home, 5 p.m.

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NORTHWEST RURAL ACTIVITIES

Tues., Aug. 30 Girls Golf at Scottsbluff Country Club, 9 a.m.
 VB (C-JV-V) at Scottsbluff, 4, 5, 6 p.m.
 Thurs., Sept. 1 VB (C-JV-V) at Gordon-Rush., 5, 6, 7 p.m.
 Fri., Sept. 2 XC at 5 Rocks Amp. in Scottsbluff, 11 a.m.
 FB (V) home, 7 p.m.
 Sat., Sept. 3 SB (V) at McCook Jaycee SB Complex, 9 a.m.
 Tues., Sept. 6 Golf at Ridgeview, 9 a.m.
 VB (8th) at Alliance St. Agnes, 4 p.m.
 FB (JV) at Valentine, 6 p.m. CT
 SB (JV-V) at Gering, 4, 6 p.m.
 VB (JV-V) home, 6, 7 p.m.
 Thurs., Sept. 8 Golf at Scenic Knolls, 9 a.m.
 VB (C-JV-V) at Gering, 4, 5, 6 p.m.
 VB (7th) at home, 4 p.m.
 Fri., Sept. 9 XC at CSC, tba
 Softball (V) at Scottsbluff
 FB (C) at home, 7 p.m.

Hay Springs Hawks

Thurs., Aug. 25 XC (JH-V) at Scottsbluff, 1 p.m.
FB (V), 6 p.m.
 Tues., Aug. 30 VB (V) at Garden Co., 4 p.m.
Thurs., Sept. 1 VB (JH) .. 4 p.m.
Fri., Sept. 2 XC (JH-V) at Five Rocks Amphitheatre (SB),
 11 a.m.
 Tues., Sept. 6 VB (V) at Hemingford, 4 p.m.
 Fri., Sept. 9 VB (V) at Potter-Dix, 4 p.m.
 FB (V) at Potter-Dix, 7 p.m.
 Sat., Sept. 10 XC (JH-V) at Chadron State, 9 a.m.

Mon., Sept. 12 VB (V) at Gordon-Rushville, 9 a.m.
 VB (JH) at Hay Springs, 3 p.m.
 FB (JV) at Hay Springs, 4 p.m.
 Tues., Sept. 13 VB (V) at Hyannis, 4 p.m.
 Thurs., Sept. 15 FB (V) at Hay Springs, 7 p.m.
 Sat., Sept. 17 XC (JH-V) at Ainsworth, 9 a.m.
 VB (V) at Hemingford, 9 a.m.
 Mon., Sept. 19 FB (JV) at Hay Springs, 5 p.m.
 Tues., Sept. 20 XC (JH-V) at Hot Springs, 9 a.m.
 Thurs., Sept. 22 XC (JH-V) at Gordon-Rushville, 4 p.m.
 VB (V) at Hay Springs, 4 p.m.
 FB (JH) at Edgemont, 5 p.m.
 Fri., Sept. 23 FB (V) at Garden Co., 2 p.m.
 Sat., Sept. 24 VB (JH) at Hay Springs, 9 a.m.

Hay Springs 94th Annual Friendly Festival

August 26-28

Theme: The Monster Lives

Grand Marshals: Jim & Sandy Heesacker

2022 Rushville Fun Days

September 2-4

Theme: God Bless America


Grand Marshals: Evelyn Crane, Ginger Moore, Peg Tausan, Sandra Loosevelt.

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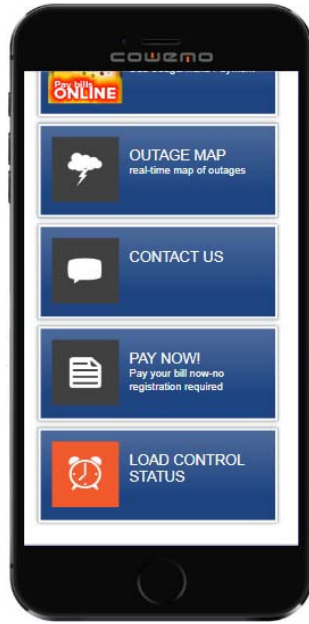
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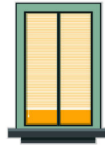
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Close blinds and drapes during the day to keep heat out.



Set your thermostat to 78 degrees when you are home. Set it to a higher temperature when you're away.



Turn off lights and ceiling fans when you leave a room.



LOW-COST TIPS

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Recipes

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Grilled Mexican State

- ½ cup cumin seeds
- 5 jalapeno peppers, seeds and ribs removed, chopped
- 3 cloves garlic
- 1 tablespoon cracked black pepper
- 1/3 cup fresh lime juice
- 1 ½ teaspoons salt
- 1 ½ cups olive oil
- 2 bunches cilantro (leaves and stems)
- 1 (3 pound) skirt or flank steak

Toast the cumin seeds in a medium saute pan over medium-low heat for 5 minutes, or until fragrant.

In a blender, combine the cumin seeds, jalapenos, garlic, pepper, lime juice, and salt. Pulse the blender to finely chop ingredients. Add the oil and cilantro and puree until smooth.

Lightly score both sides of the meat with a knife so that the marinade will penetrate. Place the meat in a large plastic bag or bowl, pour in the marinade, and coat well. Marinate in the refrigerator for 24 to 48 hours.

Preheat an outdoor grill for high heat and lightly oil grate.

Remove the meat from the marinade and discard the remaining marinade. Cook on high, 1 to 2 minutes per side, to sear the meat. Turn the heat down to low and cook for an additional 3 to 4 minutes per side, or until the it has reached the desired doneness.

* * * * *

Parmesan Roasted Corn on the Cob

- ½ cup mayonnaise
- 5 ears corn, husk and silk removed
- 1 cup shredded Parmesan cheese
- 1 tablespoon chili powder

- 1 teaspoon salt
- 1 teaspoon ground black pepper

Preheat an outdoor grill for medium-high heat and lightly oil grate.

Brush a thin layer of mayonnaise on each ear of corn. Sprinkle the corn with the Parmesan cheese, chili powder, salt, and pepper. Wrap each ear with aluminum foil and place on the grill.

Grill, turning occasionally, until the kernels begin to brown, about 10 minutes.

* * * * *

Ice Cream Sandwich Cake

- 24 vanilla ice cream sandwiches, unwrapped
- 2 (8 ounce) containers Cool Whip, thawed
- 1 (12 ounce) jar hot fudge ice cream topping, warmed
- 1 (12 ounce) jar caramel ice cream topping
- ¼ cup chopped pecans, or to taste

Arrange a layer of ice cream sandwiches in the bottom of a 9x13-inch dish; top with a layer of whipped topping, hot fudge topping, and caramel topping. Repeat layering with remaining ice cream sandwiches, whipped topping, hot fudge topping, and caramel topping, ending with a top layer of whipped topping. Sprinkle with pecans.

Cover the dish with aluminum foil and freeze until set, about 30 minutes.

* * * * *

Cold Melon Salsa

- 3 tomatoes, seeded and finely diced
- ½ honeydew melon, peeled and finely diced
- 1 cantaloupe, peeled and finely diced
- 1 cup minced red onion
- ½ jalapeno pepper, minced
- ½ cup chopped fresh cilantro
- 3 tablespoons fresh orange juice
- ½ cup finely chopped almonds
- ½ teaspoon salt
- 2 tablespoons fresh lime juice

In a large serving bowl, stir together the tomatoes, honeydew melon, cantaloupe, red onion, jalapeno and cilantro. Stir in the orange juice, almonds, salt and lime juice. Refrigerate for at least 4 hours before serving for best flavor.

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Top 10 Farm Safety Tips During Harvest

1. Come up with a family checklist

The better you maintain your equipment and yard, the less likely things are to break down. To prevent your tractor and other important farm equipment from breaking down, make a list of what needs to be done to maintain them.

2. Read up and refresh on manuals

Now's also a great time to review how to use machinery you haven't used in a while. To be extra safe, run these manuals by your workers and family too, especially if they're newer to the job.

3. Have an emergency plan

Developing an emergency communication plan is essential. Most likely, you won't need it – but if you do, you'll be glad to have it. These plans ensure that when there's an emergency situation, everyone knows how to respond right away. You'll save time, and potentially a life.

4. Maintain the yard

Remove tree limbs that are hanging low, and talk to electrical companies if you have heavy rains in your area.

Take care of details like these ahead of time to address any issues before you hit the field for harvesting.

5. Train anyone who is about to use equipment

It's easy to invite your neighbor over to hop on a tractor and help out with the farm chores, especially when time is tight.

But you shouldn't let anyone on a tractor, or use any farm equipment, without at least some training.

A lack of training is dangerous not only for the inexperienced person – if you're new to a job, you have a greater risk of injuring yourself – but for everyone else working, too.

6. Know where your young children are

Keep children off of tractors and farm equipment, and enforce a rule to make sure they don't run recklessly outside while you are working.

That being said, know where your children are before taking out machinery. Designate a safe play area, and make sure they aren't hiding underneath the tractor.

7. If you feel fatigue, stop

It's easy to want to push on, even when you're tired. But, if you're fatigued, you're more likely to take shortcuts and risk injuring yourself or others.

Don't turn to extra cups of coffee or sugary caffeinated drinks either. It's best to stick to a healthy diet and give your body the rest it needs, when it needs it.

8. Meet new lighting and marking requirements

Lighting and marking requirements changed in November 2015, so now's the time make sure that all of your harvesting equipment meets them.

9. Practice grain bin safety

Harvesting, transportation and storing grain and silage can be hazardous. Freshen up on and share these grain bin safety tips to remain safe and prevent accidents.

10. Beware of machinery entanglements

Machinery entanglements are the leading cause of injury and death on the farm. Do everything you can do prevent it – including guarding or shielding all moving parts on machinery, and keeping bystanders and children away. You can help prevent accidents by staying organized and preparing ahead of time.

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Call Cindy at 308-638-7132
or email hiphop@gpcom.net

NRPPD ENTERTAINMENT

Find Something to Celebrate in August!

August 1: National Girlfriends Day, Minority Donor Awareness Day, Raspberry Cream Pie Day.

August 2: National Coloring Book Day, Ice Cream Sandwich Day, National Night Out Day.

August 3: National Georgia Day, Grab Some Nuts Day, National Watermelon Day.

August 4: National Coast Guard Day, Chocolate Chip Cookie Day, National IPA Day.

August 5: National Oyster Day, Underwear Day, National Work Like a Dog Day, International Beer Day.

August 6: National Root Beer Float Day, Mustard Day, Play Outside Day, Wiggle Your Toes Day.

August 7: National Lighthouse Day, Purple Heart Day, American Family Day, National Friendship Day.

August 8: Global Sleep Under the Stars Night, Frozen Custard Day, Sneak some Zucchini into your Neighbor's Porch Day!

August 9: National Book Lovers Day, Rice Pudding Day, National Veep Day.

August 10: Agent Orange Awareness Day, Connecticut Day, National Lazy Day, National S'mores Day.

August 11: National Persidential Joke Day, Raspberry Bombe Day, National Son's and Daughter's Day.

August 12: National Julienne Fries Day, Middle Child Day, National Vinyl Record Day.

August 13: International Left Handers Day, Filet Mignon Day, Bowling Day, National Garage Sale Day.

August 14: National Code Talkers Day, Creamsicle Day, National Spirit of '45 Day, National V-J Day.

August 15: National Leathercraft Day, Lemon Meringue Pie Day, National Relaxation Day.

August 16: National Airborne Day, Roller Coaster Day, National Rum Day, National Tell a Joke Day.

August 17: Black Cat Appreciation Day, I Love my Feet Day, Massachusetts Day, Nonprofit Day

August 18: National Fajita Day, Ice Cream Pie Day, Mail Order Catalog Day, Congressional Startup Day.

August 19: International Bow Day, National Aviation Day, National Potato Day, Soft Ice Cream Day.

August 20: National Chocolate Pecan Pie Day, National Radio

Day, World Honey Bee Day.

August 21: National Brazilian Blowout Day, Senior Citizens Day, National Spumoni Day.

August 22: National Be an Angel Day, Pecan Torte Day, Surgical Oncologist Day, Tooth Fairy Day

August 23: National Cuban Sandwich Day, Ride the Wind Day, National Sponge Cake Day.

August 24: National Maryland Day, National Peach Pie Day, National Waffle Day.

August 25: National Banana Split Day, Kiss and Make up Day, Park Service Founders Day.

August 26: National Dog Day, Cherry Popsicle Day, Got Checked Day, National Women's Equality Day.

August 27: National Just Because Day, National Pots De Creme Day.

August 28: National Cherry Turnovers Day, Power Rangers Day, Rainbow Bridge Remembrance Day.

August 29: According to Hoyle Day, Chop Suey Day, National Lemon Juice Day.

August 30: National Beach Day, Grief Awareness Day, National Toasted Marshmallow Day.

August 31: National Eat Outside Day, Matchmaker Day, South Carolina Day, National Trail Mix Day.



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Bits 'n Pieces...

Old Hillbilly Wisdom

- Your fences need to be horse-high, pig-tight and bull-strong.
- Keep skunks, bankers, and politicians at a distance.
- Life is simpler when you plow around the stump.
- A bumble bee is considerably faster than a John Deere tractor.
- Words that soak into your ears are whispered, not yelled.
- The best sermons are lived, not preached.
- If you don't take the time to do it right, you'll find the time to do it twice.
- Don't corner something that is meaner than you.
- Don't pick a fight with an old man. If he is too old to fight, he'll just kill you.
- It don't take a very big person to carry a grudge.
- You cannot unsay a cruel word.
- Every path has a few puddles.
- When you wallow with pigs, expect to get dirty.
- Don't be banging your shin on a stool that's not in the way.
- Borrowing trouble from the future doesn't deplete the supply.
- Most of the stuff people worry about ain't never gonna happen anyway.
- Don't judge folks by their relatives.
- Silence is sometimes the best answer.
- Don't interfere with somethin' that ain't botherin' you none.
- Timing has a lot to do with the outcome of a rain dance.
- If you find yourself in a hole, the first thing to do is stop diggin'.
- Sometimes you get, and sometimes you get got.
- The biggest troublemaker you'll ever have to deal with watches you from the mirror every mornin'.
- Always drink upstream from the herd.
- Good judgment comes from experience, and most of that comes from bad judgment.
- Lettin' the cat outta the bag is a whole lot easier than puttin' it back in.
- If you get to thinkin' you're a person of some influence, try orderin' somebody else's dog around.
- Live a good, honorable life. Then when you get older and think back, you'll enjoy it a second time.

- Live simply. Love generously. Care deeply. Speak kindly. Leave the rest to God.
- Most times, it just gets down to common sense.

* * * * *

People who say "go big or go home" seriously underestimate my willingness to go home. Like, it's literally my only goal.

* * * * *

Farmers Wife.... Yes, he is working. No, I don't know when he'll be home. Yes, we're still married. No, he's not imaginary!

* * * * *

Whether you're right or wrong you will be criticized any way.

* * * * *

When you're good at making excuses, it's hard to excel at anything else!

* * * * *

I am thankful for all those difficult people in my life, they have shown me exactly who I do not want to be.

Office Hours:
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