

Northwest Rural Public Power District

Hay Springs, NE 69347

June 2021

Victory Heights Bible Camp Returns With New Directors

The Victory Heights Bible Camp, located 13 miles south and five miles west of Chadron on West Table Road, will be back to welcoming campers this month after a year off due to Covid 19. The two camps taking place include the Junior Camp during the week of June 6-10 for Grades 3-7 (cost \$120). The second camp, the Senior Camp is slated for June 13-18 and is for Grades 8-12 (\$140). They will take registrations up until the first day of each camp.

The historical Open Door Church and Victory Heights Camp have been serving parishioners and campers for decades going back to 1926. The original church started in 1926 two miles south of its present location where the Table Center School building was. The camp also held a few camps during those first years, usually at the new Chadron State Park.

It wasn't until the church moved to its present location in the late 1940s and bought a building from the former Air Force Base in Alliance, that the plan for a camp also materialized, and another building was purchased from the Base and moved to use for the camp dormitories. In the mean time church was held in the new facility and the next year camp as well.

Since then the church has had an addition added on, and several more buildings have been built for the camp, including a dining hall, rec hall, staff housing, and a combination shower/bathroom building.

The church has its own board as does the camp. This is a non-denominational church and the camp as well is run as an evangelical Christ-centered organization to reach young people with the gospel of Christ



Gary Meredith of rural Chadron, is a local Board Member for Victory Heights Bible Camp located on the "Table" south of Chadron. He is also on the Open Door Church Board in which the two entities often work together. He is standing next to a tree cross that was damaged in 2012. Miraculously, the fire burnt right up to the Church and camp and the only thing they lost was a small shed.

Jesus. The campers originally came from across the Panhandle and Sandhills from the rural Sunday Schools lead by the ASSU missionaries. They now come from the same areas, plus Colorado, Wyoming and South Dakota.

Camps in the early years were much larger as many of the children came from farms and ranches whose parents allowed them a week of Bible teaching before coming back to
(Continued on Page 2)



Left, the Open Door Church in which devotionals are held, with the "Faith Hall in the distance". Right, the sign in front of recreational hall.



Victory Heights Bible Camp--

(Continued from Page 1)

help at home. In later years, the young people became more involved with outside jobs and sports, so not as much emphasis was given to that week at camp. Last year was the first year since the building site was established that camps were not held.



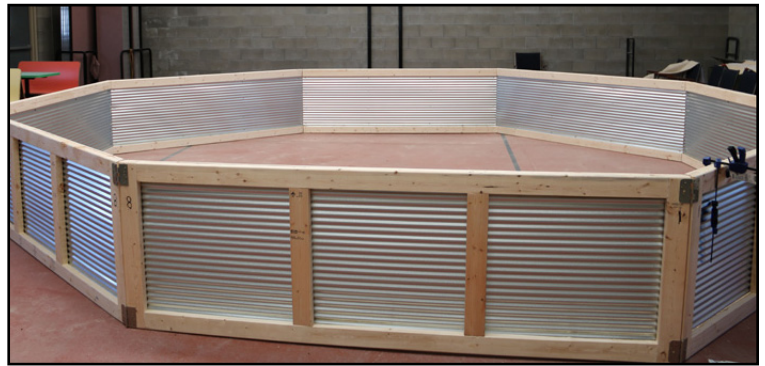
Camp Leaders Amanda and Burt Newman

The missionaries were the ones who ran the camps until 2008. In 2011 the wife of the pastor at Open Door took over directing the camps until their retirement in October of 2020. This year Burt and Amanda Newman of Chadron will direct the camps.

The Newmans are new to Victory Heights Bible Camp, but not to camp ministry. Between the two of them, they have 10 years of summer camp leading experience. "We love how camp brings students out of their normal, into the wilderness, into new community, and creates an excellent environment to teach about Christ," said Amanda.

Outside of camp, the Newmans give leadership to a college ministry, Burt is a Youth Pastor, and are parents. "We are from eastern Nebraska originally and are Wayne State Alumni," noted Amanda. "We can accommodate about 60 campers at one time. Cutoff is the first day of each camp, so June 6 for Junior Camp and June 13 for Senior Camp.

Camp activities include games, music, devotions,



A newly built Gaga Ball Pit was recently constructed for this year's camps. It will provide a fun physical activity for children of all ages. The structure is portable and will be moved outdoors. It is was constructed in the camp recreation building.

speakers, worship, Bible study, scripture memorization, teen, hiking and swimming. A new activity, the gaga ball pit, has recently been constructed in the "Faith Hall" rec. building where many games are played including basketball. This building was built in 1997 with memorial money given in memory of Dan Bauer, a member of the camp board who died while calving cattle of a possible heart attack. Evening services are also held during the camps with speakers which are open to the public.

The camp itself is lead by five directors from all over the area. They include Gene Broeder of Sioux County, Greg Powell of Alliance, Rusty Gulbranson of Sidney, Randy Hansen of Beresford, South Dakota, and Gary Meradith of rural Chadron.

Other retreats and camps may be held as time goes on. In the early years, Easter camps formerly took place in addition to ladies' retreats which were held each fall with good speakers and attendance.

For more information visit their website at www.victoryheightsbiblecamp.com, or their facebook page Victory Heights Bible Camp or call Camp Director Burt Newman at (402) 340-9112.



An earlier day Victory Heights Conference American School Union south of Chadron in 1946.



Along The Garden Path

-by Karen Runkle, Master Gardener

Spring Gardening Tasks

Spring is a good time to start that composting project you've been thinking about for a while. You have the dried brown leaves as you are cleaning up your beds and the green grass clippings to get you started.

Why compost?

- Composting is free, easy to make and good for the environment.
- Compost is a soil conditioner. It adds nutrients to your plants and helps keep the soil moist.
- Composting recyclable kitchen and yard waste saves about 30% of household garbage from the landfill.
- Composting introduces beneficial organisms which aerate the soil, breaks down organic material for plants and wards off plant disease.
- Composting is a natural fertilizer reducing chemicals being introduced into the soil.
- Composting reduces landfill waste. One-third of landfills are made up of compostable materials.



Three Important elements to successful compost:

Choosing a container: There are two types of compost bins - stationary and rotating. The rotating bins make it easy to turn your compost and you will have more compost. Stationary compost bins are generally less expensive but turning the compost is more labor intensive. Material in both needs periodic turning to mix and provide oxygen for decaying.

The right ingredients: Compost piles should contain green (grass clippings and kitchen scraps) and brown (shredded newspaper, dry leaves and wood chips) plant matter, plus moisture to keep the good bacteria humming. Never use meat, fish or poultry scraps. This will attract rats, mice, dogs, cats, raccoons and opossums.

Adding an activator or accelerator will jumpstart the material breakdown. A well-made compost pile will heat up naturally on its own. The reason is because it has a balance of materials according to their carbon and nitrogen make-up. Your pile may also be of good volume, moisture and air circulation. However, not all compost piles are created equal.

If you have added all the ingredients carefully to ensure a good balance of carbon and nitrogen with some water added, you will probably not need an activator as it will heat up nicely and decompose quickly.

However, if you use our method, which we will call the "Add-as-You Go" method; an activator might be a good addition. There are a few other reasons why you may need to consider

using an activator:

- Perhaps you have too much high-carbon material (BROWNS such as dried leaves, straw, sawdust, etc.) in your compost bin, and not enough GREENS (nitrogen). It is this nitrogen material that is important because it acts as a "match" to spark the dry browns so that the whole bin can heat up.
- Perhaps the weather is too cool. Piles almost go dormant in cool weather, below 50°F/12°C. An activator can be added to spark it to heat up, especially in spring.
- Perhaps, as a beginner, you're too insecure about all this composting know-how. This is a common reason to use an activator, and this is why they are commercially available!

Technically, an activator (other than the natural activating GREENs inside your bin) is high in nitrogen. Some activators come in powdered form (bloodmeal, bonemeal, alfalfa meal and other "meals" are good examples).

Other activators are enzyme-acting so that when mixed in water and sprinkled in your pile the beneficial bacteria are activated.

Still others, and perhaps the cheapest or most readily available, are as simple as manure (chicken, cow, goat, rabbit, etc.), whether fresh or dry. Finally, commercial brand mixes (in 5lb/2.26kg boxes), often called Compost Starters, are available at garden centers and usually have several ingredients from the chart listed below plus other high nitrogen sources. Follow the directions on the box.

Compost care: Regularly add fresh materials. This gives the happy bacteria fresh food for the decay process and insulation to keep the pile warm. Every 1 to 2 weeks, turn the pile with a pitchfork to make sure the materials are blended. Moisture is also important in the decomposition process. Grab a handful of material to make sure it's slightly damp. (Too much moisture will give you a slimy mess and too little moisture will slow down decomposition). A little basic care to the compost pile will give you dark, crumbly soil that smells like fresh earth.



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NRPPD Matches Basin in Donation to Concession Stand/Restrooms

The Northwest Rural Board of Directors recently voted to contribute \$1500 to the Hay Springs Sunset Park new concession stand-restrooms if Basin Electric Power Cooperative matched that donation with another \$1500. The new handicapped accessible facility will replace the outdated restrooms that were constructed in the early 60s. The concession stand will help serve the ball games better in addition to other activities in the park such as the annual Friendly Festival and other events. Buettner Construction is the primary contractor. Completion is hoped to be done within the next month.



Northwest Rural Public Power District Board Member Marcus Sandberg (right) donates two checks to Project Committee Members Heather Housh and Marilyn Reed. The combined checks equal \$3000, half from NRPPD and half from Basin Electric. The money will help in completion of the new concession stand/restroom facility located on the south end of Sunset Park in Hay Springs. It is located directly across from the ballfields, so it will be very beneficial for softball players and activities in the park as well.



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Practice These Safety Tips This Summer

It's that time of year again when many people are out in their fields or yards working. We just like to take a minute to remind you of the things you should be aware of as you go about your work.

- Be aware of the location of overhead power lines while working with heavy equipment, ladders or irrigation pipe. Keep a distance of at least 10 feet between you and power lines to avoid arcs.
- Never stack anything under power lines. Do not put your haystack there. Do not pile your irrigation pipe there.
- Do not plant trees under power lines.
- Always Call Before You Dig! Simply dial 811 and give them your information. A locate will be done within two working days.
- Use appliances and equipment according to the manufacturer's instructions.
- Use only outdoor rated extension cords and outdoor rated appliances while working outside.
- Only use extension cords for a short period of time to run farm related equipment. If a cord or wire is going to be used regularly, run protected wiring, installed in electrical conduit for protection and durability.
- Replace damaged electrical equipment or have it repaired at an authorized repair center.
- Use ground fault circuit interrupter (GFCI) protection when working where water is near electricity to protect against electric shock.
- Make certain that an independent testing laboratory approves all products and equipment, such as Underwriters Laboratories (UL).
- Keep all electrical connections out of reach from your animals. Keep all extension cords, connections, and lights far enough away from animals so they cannot chew on them or come into contact with them.
- Plan your burning before you begin. Please be aware that burning or even scorching a pole will compromise the integrity of the structure.



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Northwest Rural Territory Activities

Chadron Fur Trade Days

**Event Times Subject to Change*

Thursday, July 8, 2021

- 5-10 p.m. - Mac's Carnival (E 2nd & Bordeaux streets)

Friday, July 9, 2021

- 10 a.m. - Chess Tournament Begins (Chadron Public Library, E 5th & Bordeaux streets)
- 10:30 a.m. - Story Time & Crafts (Chadron Public Library, E 5th & Bordeaux streets)
- 12:30 p.m. - Puzzle Pieces: Chadron's Historical Scavenger Hunt, sponsored by Discover Northwest Nebraska, Chadron Chamber of Commerce, and the Mari Sandoz High Plains Heritage Center (Downtown Plaza, Second and Main streets)
- 1 p.m. - Watermelon! (Chadron Public Library, E 5th & Bordeaux streets)
- 3:30 p.m. - Historic Tour of Town (Chadron Public Library, E 5th & Bordeaux streets)
- 4 p.m. - Traders' Market Opens (Dawes County Courthouse Lawn)
- 4-5 p.m. - History of Nebraska as told by Peter Sarpy, Nebraska Humanities Programming (Dawes County Courthouse Gazebo)
- 5 p.m. - Midnight - Mac's Carnival (E 2nd & Bordeaux streets)

- 5:30 - 6 p.m. - Joan Wells, Trick Roper, Nebraska Humanities Programming (Dawes County Courthouse Gazebo)
- 6 p.m. - Sip 'n' Paint @TaDa Art Studio (TaDa Quilt Shop, 223 Main Street)
- 6:30 - 7:30 p.m. - The String Beans, Free Family Concert, Sponsored by Nebraska Arts Council (Dawes County Courthouse Gazebo)
- 7:45 - 8:45 p.m. - Black Hills Raptor Center Show (Dawes County Courthouse Gazebo)
- 9 p.m. - Midnight - Free Youth Bowling (Hilltop Lanes, 950 West 10th Street)
- 9 p.m. - 1 a.m. - Tripwire (Downtown Plaza, Main & 2nd streets)

Saturday, July 10, 2021

- 7:30 a.m. - Rotary Coulter Run, 2-mile, 5k, 10k (CSC Nelson Physical Activity Center) must register by 6 p.m. July 8
- 8 a.m. - Traders' Market Opens (Dawes County Courthouse Lawn)
- 9:15 - 9:40 a.m. - Parade of Historic Fur Trade Flags (400 Block of Main Street)
- 9:45 - 10 a.m. - Parade of Puppies (400 Block of Main Street)
- 10 a.m. - 45th Annual Lion's Club Parade "Back to The Normal" (10th & Main to 1st & Main streets)

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NORTHWEST RURAL ACTIVITIES

Crawford Fourth of July

- 10:30 a.m. - Sidewalk Coloring Contest (Chadron Public Library, E 5th & Bordeaux streets)
- 11 a.m. - Ice Cream Social - First Congregational Church of Chadron (4th Street and Chadron Avenue)
- 11 - 11:45 a.m. - Bill Hayes as George Shannon, Nebraska Humanities Programming (Dawes County Courthouse Gazebo)
- Noon - Midnight - Nebraska Putt Putt on the Fly (200 Block of Main Street)
- 1 p.m. - Family Movie Screening (Chadron Public Library, E 5th & Bordeaux streets)
- 3:30 p.m. - Chess Tournament Finals (Chadron Public Library, E 5th & Bordeaux streets)
- 4 p.m. - Historical Cemetery Tour (Greenwood Cemetery, 1588 US Highway 20)
- 5 p.m. - Midnight - Mac's Carnival (E 2nd & Bordeaux streets)
- 7 p.m. - Historical Cemetery Tour (Greenwood Cemetery, 1588 US Highway 20)
- 9 p.m. - 1 a.m. - Dylan Bloom Band (Downtown Plaza, Main & 2nd streets)

July 3-4 - PRCA Rodeo, 8 p.m. both nights
Fireworks will follow the rodeo on the 4th

**Rodeo Parking Stall sales will be based out of the Crawford Clipper Office, 308-665-2310*

Sunday, July 4 Parade -- 10 a.m. theme is Crawford Tuff. The judging will begin at 9 so all parade floats need to be lined up by 9 to be judged.

Saturday, July 3 5-K -- Race starts at 8 a.m. at the Post Playhouse. Registration is from 7-7:30 a.m. Check with Chair, Sam Dyer-Edelman @whiteriver5K

Check Crawford Chamber of Commerce Facebook Page or website for further details.

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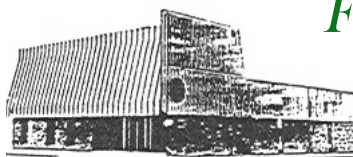
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Ten Hot Weather Safety Tips:

- **Stay hydrated.** Drink plenty of fluids; drink about 16 ounces before starting and 5 to 7 ounces every 15 or 20 minutes.
- **Avoid dehydrating liquids.** Alcohol, coffee, tea and caffeinated soft drinks can hurt more than help.
- **Wear protective clothing.** Lightweight, light-colored and loose-fitting clothing helps protect against heat. Change clothing if it gets completely saturated.
- **Pace yourself.** Slow down and work at an even pace. Know your own limits and ability to work safely in heat.
- **Schedule frequent breaks.** Take time for rest periods and water breaks in a shaded or air conditioned area.
- **Use a damp rag.** Wipe your face or put it around your neck.
- **Avoid getting sunburn.** Use sunscreen and wear a hat if working outside.
- **Be alert to signs of heat-related illness.** Know what to look for and check on other workers that might be at high risk.
- **Avoid direct sun.** Find shade or block out the sun if possible.
- **Eat smaller meals.** Eat fruits high in fiber and natural juice. Avoid high protein foods.



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Bacon-Wrapped Stuffed Chicken Breasts in the Air Fryer

- 3 skinless, boneless chicken breasts
- 1 teaspoon lemon-pepper seasoning, or to taste
- 3 slices Monterey Jack cheese
- 6 spears fresh asparagus
- 9 slices bacon
- 12 wooden toothpicks

Preheat the air fryer to 350 degrees F if recommended by manufacturer.

Pat chicken pieces dry with paper towels. Use a sharp knife slice horizontally through the middle, beginning at the thickest part, being careful not to cut all the way through to the other side. Open the 2 sides and spread them out like an open book.

Season both sides with lemon-pepper seasoning. Place one slice of cheese on each chicken breast. Cut asparagus spears in half and place 4 halves on top of the cheese. Roll the chicken up and over the cheese and asparagus, keeping the stuffing inside each roll. Wrap each chicken breast with 3 pieces of bacon, using wooden toothpicks to secure the bacon, where it overlaps.

Place each bacon-wrapped breast in the air fryer basket and air fry for 15 minutes. Turn and cook for 15 minutes more.

Test chicken for doneness; an instant-read thermometer inserted into the center should reach 165 degrees.

* * * * *

Low-Fat Greek Salad

- 3 large ripe tomatoes, chopped
- 2 cucumbers, peeled and chopped

- 1 small red onion, chopped
- ¼ cup olive oil
- 4 teaspoons lemon juice
- 1 ½ teaspoons dried oregano
- salt and pepper to taste
- 1 cup crumbled feta cheese
- 6 black Greek olives, pitted and sliced

In shallow salad bowl, or on serving platter, combine tomatoes, cucumber, and onion. Sprinkle with oil, lemon juice, oregano, and salt and pepper to taste. Sprinkle feta cheese and olives over salad. Serve.

* * * * *

Chocolate Chip Fluggernutter Blondies

- 1 cup butter, softened
- 1 cup packed brown sugar
- ¾ cup creamy peanut butter
- ½ cup white sugar
- 1 egg
- 1 egg yolk
- 2 cups all-purpose flour
- 1 teaspoon baking soda
- ½ teaspoon salt
- 2 cups chocolate chips
- 1 ½ cups miniature marshmallows

Preheat oven to 350 degrees F. Grease a 9x13-inch baking dish.

Beat butter, brown sugar, peanut butter, and white sugar together in a bowl until smooth and creamy. Add egg and egg yolk and mix gently. Gradually stir in flour, baking soda, and salt just until batter is mixed. Gently fold chocolate chips and marshmallows into batter. Spread batter into the prepared baking dish.

Bake in the preheated oven until edges are lightly browned, 15 to 20 minutes. The center will set as it cools. Cool completely before slicing, about 30 minutes.

* * * * *

Homemade Rhubarb Lemonade

- 5 ¼ cups water, divided
- 1 ¼ cups white sugar
- 1 cup sliced fresh rhubarb
- 1 pinch salt
- 1 cup fresh lemon juice
- ice cubes

Fresh rhubarb stalks, for garnish

Stir 1 1/4 cups water, sugar, rhubarb, and salt in a small saucepan. Bring to a boil, stirring to dissolve sugar. Reduce heat to medium-low and simmer to the consistency of syrup, about 6 minutes. Strain through a fine-mesh sieve set over a Mason jar; discard solids. Chill, covered, at least 1 hour.

Stir chilled rhubarb syrup, remaining 4 cups water, and lemon juice in a large pitcher. Chill until ready to serve. Pour into ice-filled glasses. Garnish with fresh rhubarb stalks.

* * * * *

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Celebrity Fatherly Advice

1. "My father taught me you have to believe in yourself and run on your own track." —Jennifer Grey
2. "My father taught me not to overthink things, that nothing will ever be perfect, so just keep moving and do your best." —Scott Eastwood
3. "My father said there were two kinds of people in the world: givers and takers. The takers may eat better, but the givers sleep better." —Marlo Thomas
4. "My father taught us a great heaping of insubordination and I think that's why [his children] didn't want to grow up working for anybody." —Barbara Corcoran
5. "My father taught me a good lesson: Don't get too low when things go wrong. And don't get too high when things are good." —Robert Perish
6. "My father made me who I am. He gave me a basketball and told me to play with the ball, sleep with the ball, dream with the ball." —Shaquille O'Neal

7. "My father taught me that one of the most important abilities in life is to be able to take the pain and persevere, and for years this lesson had served me well."

—Yanni

8. "My dad says it over and over, 'Today's the youngest you're ever going to be. You've got to live like it. You've got to live young every day.'"
9. "He gave me the gift of retraining my thinking about failure. Failure for me became about not trying, instead of the outcome."

—Mark Cuban

—Sara Blakely

10. "It was my father who taught me to value myself. He told me that I was uncommonly beautiful and that I was the most precious thing in his life."

—Dawn French



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Bits 'n Pieces...

Dad Advice....

My dad adamantly stated "Essential oils are used for fry onion rings, wings or french fries. All other oils are NOT essential.

On my first driving lesson, we passed the cemetery and my dad said, "Buckle up - that's where the bad drivers go."

As teen, shouted at Dad: it's not your job to embarrass me! He replied "I know." Then smiled and said "It's one of the perks."

"When you start a new job, don't talk a lot. This way they won't know how dumb you are." I said, "Thanks, dad!" Guess he was right.

"The grass may be greener on the other side, but it sure took a whole lot of manure to get it that way."

After the first time I got drunk my dad told me to be careful. He said "alcoholism doesn't run in the family, it gallops.

Once my dad went to the grocery store and the cashier asked "do you want the milk in the bag?" He said, "Just leave it in the carton!"

Every time someone asks my dad "how are you?" He always responds with "the voices tell me I'm good today".

My face got really sunburned and when I said "my face hurts" my dad without missing a beat said "not as bad as it's hurting me.

My granddad would say this toast at weddings: "to the three rings of marriage: the engagement ring, the wedding ring and the suffering".

We asked my dad why he still had a really old cologne bottle and he said. "I only used it four times."

There's four kids in our family!

My dad told me he accidentally swallowed some scrabble pieces and he wasn't looking forward to his next vowel movement!

My dad doesn't say bye when he hangs up, he says "bicycle". My mom never noticed until I pointed it out, they've been married 40 years.

Whenever I would tell my dad that I was going to the bathroom he would reply, "mention my name and you'll get a good seat!"

My dad told me that if I ever wanted to nap during class to make it look like I'm praying so my teacher couldn't get mad.



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7 a.m. to 5:30 p.m.
Monday- Thursday
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for the local Hay
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We have an
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